

Choosing an Activity



Team goals

Align the activity with the team goals. For example, if better communication is a team goal, choose an activity that will help the team improve its communications.



Team level

Ensure the activity is appropriate for the team level. For a new team, one to help its members learn about one another. For an experienced team, one that challenges it.



Engagement level

Irrespective of the potential of the activity, if it doesn't engage the team members they will turn off and the event will fail. Ensure the activity style will engage all.



Objectives

Know what you want the time spent to deliver. Choose an activity that you can see how it will deliver your desired outcomes for the event.



Debrief

Unless your only objective is for the people to have fun, you'll want a debrief. Choose a process that adds to the enjoyment and focuses on the learning aimed for.